

## **Vegetarian and Vegan Menu**

All vegetarian and vegan main courses are served with either fresh vegetables including new and roast potatoes or chips and peas/mushy peas or a side salad or rice.

Vegetarian gravy is available on request, but please order prior to receiving your meal.

Please note \*\* denotes Vegan options

### **Nut Roast with Tomato, Herb and White Wine Sauce- £9.25**

Mixed nuts, egg, vegetarian cheese, breadcrumbs, seasoning and herbs

### **Fennel Casserole - £8.95**

Fennel, onions, tomato, vegetarian cheese, eggs and cream

### **Cheese and Broccoli Flan – £8.95**

Wholemeal pastry, broccoli, vegetarian cheese, eggs and cream

### **Spicy Chic Pea\*\* - £8.75**

Chic peas, onions, peppers, tomato and seasoning

### **Nut Goulash\*\* - £8.75**

Mixed nuts, seasonal vegetables, spices and seasoning in a tomato sauce

### **Cheese and Lentil Loaf - £8.95**

Lentils, vegetarian cheese, eggs, cream and spices- served with a tomato and herb sauce

### **Toad in the Hole - £8.95**

Vegetarian sausages and Yorkshire puddings, served with vegetarian gravy

### **Stilton and Mushroom Pasta - £9.25**

Pasta, stilton, mushrooms, cream and seasoning topped with vegetarian cheese

### **Red Dragon\*\* - £8.95**

Aduki Beans/Rice/Wheatgrain, carrots, soy sauce, mixed herbs, onion and tomato

### **Three Layer Terrine - £8.95**

Onions, celery, mixed nuts, herbs and tomatoes with a cheesy crumble topping

**Spinach and Lentil Pie - £8.95**

Wholemeal pastry, spinach, lentils, curd cheese, spices and seasoning

**Spicy Vegetable Crumble - £8.95**

Seasonal root vegetables, marmite, cumin, coriander, turmeric, chilli powder, ginger and onion- topped with breadcrumbs, vegetarian cheese, porridge oats and wholemeal flour.

**Chilli Bean Casserole\*\* - £8.95**

Red kidney beans, onion, garlic, celery, peppers, carrot, cumin, cayenne pepper, tomatoes, bulgar wheat/rice and seasoning

**Blue Cheese and Broccoli Pasta - £9.25**

Vegetarian Danish blue cheese, pasta, broccoli, cream and seasoning

**Leek and Mushroom Au Gratin - £9.25**

Leeks, mushrooms, white wine, cream and seasoning- topped with breadcrumbs and vegetarian cheese

**Ratatouille\*\* - £8.95**

Onions, aubergine, peppers, courgettes, garlic, tomatoes, tomato puree and seasoning